



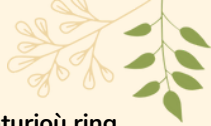
User Manual Ring Sling



IMPORTANT!
**KEEP FOR FUTURE
REFERENCE**

Before using the sling, carefully read this entire instruction manual and keep the instructions for future reference.





IMPORTANT!

Read all the instructions before using the Naturioù ring sling.



WARNING

While using this baby sling, always keep your child under constant supervision.

WARNING

Always supervise your child and ensure that their mouth and nose are not obstructed.

WARNING

For premature babies, babies with low birth weight, and children with medical conditions, consult a healthcare professional before using this product.

WARNING

Ensure that the child's chin is not resting on their chest, as this can restrict breathing and lead to suffocation.

WARNING

To prevent the risk of falling, make sure the child is securely held in the baby sling.



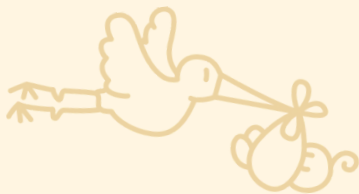
Additional Safety Instructions



- The Naturioù ring sling is intended for babies weighing 3.5 to 15 kg (from birth to 2-3 years old).
- Before 4 months, ensure proper support of the baby's head.
- Your movements and the child's movements can affect your balance. Never use the Sling when your balance or mobility is impaired due to physical exercise, drowsiness, or medical reasons.
- Bend or lean forward or sideways with caution. Bending, leaning, or stumbling can cause the baby to fall out of the sling. Always keep a hand on your baby's back during movements.
- There is a significant risk of the child falling out of the sling if they are agitated. The more the child moves, the higher the risk of falling out of the Ring Sling.
- The sling is not suitable for sports activities (e.g., running, cycling, swimming, and skiing).
- Never use the Sling during activities that involve a heat source (cooking) or contact with chemicals (cleaning). Be cautious when handling hot drinks.
- Regularly inspect the sling for any signs of wear and damage before each use. Check for tears in the seams, fabric, and rings before each use. Do not use the sling if any damage is found.
- Always ensure the sling is properly tightened. Never loosen the rings while carrying the baby. Make sure the baby is always well supported and wrapped by the sling like a bandage. The child should be nestled against the wearer's body. When positioning, place the baby against you (without a gap between your bodies) and adjust the Ring Sling.
- Never place more than one child in the sling. The Naturioù Ring Sling is designed for use with only one baby at a time.
- Incorrect installation could cause property damage or injury. Ensure the baby is securely positioned according to the instructions. We disclaim all liability for damages caused by improper use of the sling.
- Do not leave the sling near unsupervised children. Keep the sling away from children when not in use. Otherwise, the baby could risk partial or complete airway obstruction, leading to choking or suffocation.

Installation of the Ring Sling on the wearer

- Choose which shoulder you want to carry your baby on.
- Place the rings on the opposite shoulder.
- Stretch the fabric diagonally across your back and hold the fabric with your other hand.
- Hold the fabric folded like an accordion in one hand and the rings in the other.
- Gather both ends of your sling.
- Pass the fabric through both rings.
- Spread the rings apart by lifting the top ring to pass the fabric through without twisting it.
- Pass the fabric over the top ring and under the bottom ring.
- Spread the fabric evenly through the rings.
- Spread out small pleats all around the rings.
- Place the rings high on your shoulder; they will lower slightly during adjustment.
- The correct position for the rings once adjustment is complete is just below the collarbone.
- If necessary, tighten the Ring Sling to create a pocket close to you for the baby.



Installation of the baby in the Ring Sling



- Take your baby in your arms.
- Hold them on the top of your free shoulder.
- Gently your baby to sit on the fabric sling (in front or on the side).
- Support your baby with one hand under their bottom, and with the other hand, carefully pull the upper hem of the sling fabric up onto the baby's back until it reaches under their ears (for older children who can support their head, the edge can be placed lower).
- Place your hand between you and the baby and pull the remaining fabric up between you to create a deep seat.
- The bottom edge of the fabric should be under the baby's bottom. Extend it from one knee to the other. The top edge of the fabric should align with the earlobe.
- Most of the fabric should be under the baby's bottom.
- Always support your baby and tighten the Ring Sling by pulling carefully.
- To adjust the pocket created by the sling, tighten it fold by fold.
- Pull the fabric from the upper hem forward and then downward while supporting your baby's bottom with your other hand.
- Repeat this every 5 cm or so until you reach the bottom hem.
- The sling should be adjusted, and the baby snug against your body.
- Stretch the fabric over your shoulder. The rings should be placed just below your collarbone, and the sling should be away from your neck.
- Ensure your baby is in a physiologically correct position.
- For the R'Sling model, tie a locking knot by passing the fabric end around the rings and sliding it into the loop created.

Scan the QR code
to watch the tutorial.



How to carry in a physiological position

Physiological Position Checklist

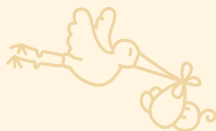
- 💖 Baby is in a squat position (also known as the frog position).
- 💖 Knees are higher than their bottom.
- 💖 Legs are slightly spread apart, forming an M shape.
- 💖 Seat is deep with the fabric spread out under their knees.
- 💖 Pelvis is slightly tilted forward.
- 💖 Back is slightly rounded, forming a C shape.
- 💖 Baby is at kissing height.
- 💖 Chin is lifted to clear their airways.
- 💖 Fully uncovered face is visible at all times.

To Be Checked Throughout Carrying

- 💖 The fabric is spread well over your shoulders and across your back.
- 💖 Ensure the rings do not slide too far towards the middle of your body.
- 💖 Tighten the fabric fold by fold to adjust it perfectly to your child's body.
- 💖 If the tension loosens, feel free to readjust and tighten further.

💖 For Babies Who Can't Hold Their Heads Alone

- 💖 Until 4 months, your baby's head needs support.
- 💖 Always ensure your child's head is well supported.
- 💖 Their head should rest on your chest.



Our Advice

How to Shorten an Overly Long Tail?

After installing the sling on yourself with your baby, the tail of the sling may be a bit long and cumbersome during carrying. To shorten this length of fabric, you can simply wrap it around the rings, leaving a little space. Once the loop is formed, tuck the end of the fabric into it. This trick also helps to hide the rings for a more aesthetic appearance or to prevent your child from chewing on them. It also helps to secure mesh fabric models (R'Sling).

How to Breastfeed in a Ring Sling?

Slightly loosen the sling by lifting the upper ring, lift your baby a little and place them in a lying position by shifting their bottom. For discreet breastfeeding, use the remaining free fabric to shield yourself from view. After nursing, the baby should be placed back in an upright position.

How to Remove the Baby from the Ring Sling?

Place one hand on your baby's back to hold them securely. Loosen the Ring Sling slightly, always keeping one hand on their back, by lifting the upper ring. Loosen the rings gradually. Once the sling is loose enough, carefully remove your child from the sling.



Our Care Tips

Here are our care tips:

- 🌿 Wash your sling before its first use.
- 🌿 To maintain its colors and softness over time, follow the instructions on the care label.
- 🌿 The sling is machine washable at a maximum of 30°C, on a delicate cycle with a gentle liquid detergent (without bleach or brighteners).
- 🌿 Do not use bleach, chlorine, or fabric softener.
- 🌿 To protect the rings and your washing machine, place the sling in a laundry bag or pillowcase.
- 🌿 Lay flat to dry or air dry away from direct sunlight.
- 🌿 While it's possible to use a dryer, it's not recommended for the longevity of your sling.

Thank you for choosing the Naturiou® Ring Sling baby carrier.

We wish you many wonderful moments of babywearing.



Feel free to share your experiences, reviews, and photos with us.



@NATURIUO



@naturiou

Manufactured in Turkey for Naturiou®, Imported to France by SAS Frewan
Naturiou® - 4 rue Henri Le Doré - 56950 CRAC'H - France
contact@naturiou.fr www.naturiou.fr